

Training in Core Social Skills

SUMMER INTERACTIVE SKILLS SESSIONS

Our goal is to help children enhance their ability to understand social interaction, and build skills and confidence in interacting with others in a successful and comfortable way.

PROGRAM DESCRIPTION

This is a fun week-long psycho-educational group consisting of 5 sessions, Monday to Friday. Each session is 3 or 3.5 hours in length.

Participants will be invited to engage in fun and interesting activities in which they interact with others. During each session, the facilitators assess the needs of the participants while they engage in activities or discussions, and provide coaching to achieve successful outcomes. Activities may include outdoor games, conversations, scavenger hunts, card/board games, group building games, construction, art projects, and LEGO challenges.

A session for parents is held before the start of the program, where the supervising psychologist provides parents with an overview of the program philosophy and coaching language and techniques we use with the children we work with, so that parents may coach their child at home to help generalize the skills outside of the program. This is both a good introduction to our Training in Core Social Skills Program and a great way to practice previously learned skills for those who have been with us before!

Emphasis will be on the following:

- Creating opportunities for participants to engage in social interaction.
- Providing “on the spot” coaching to participants to help them overcome barriers they experience in relation to social interaction.
- Providing a safe and caring environment for students to develop skills in connecting with others in a successful way.
- Teaching conversational skills, cooperation and problem-solving skills, inviting, questioning and initiating skills in a fun and interactive way. And most importantly, teaching social cognition, the foundation of understanding ourselves in relation to others.

PROGRAM DATES

JULY X-X, 2023

6–9 year olds: 9 a.m. - noon
8-10 year olds: 1 - 4:30 p.m.

PARENT MEETING:

Thursday, July X at 7–8:30 PM

AUGUST X-X, 2023

6-9 year olds: 9 a.m. - noon
12–15 year olds: 1 - 4:30 p.m.

PARENT MEETING:

Thursday, August X at 7–8:30 PM

AUGUST X-X, 2023

6-9 year olds: 9 a.m. - noon
9-11 year olds: 1 - 4:30 p.m.

PARENT MEETING:

Thursday, August X at 7–8:30 PM

Program content for all 3 weeks is the same, however, children can register for one or more program dates!

PROGRAM COST

Please contact our office to enquire. The cost of psychological services is reimbursed by many employee extended health insurance plans, and some children's services agencies if you are a client. FSCD approves this program as respite for its clients. Appropriate receipts will be provided.

REGISTRATION

Contact us at office@eckertchildpsych.ca to discuss whether this group would be appropriate for your child. A telephone intake interview will be scheduled and if the program is a good fit for your child, a registration form will then be emailed to you.

***Prior program participants do not need to do an intake interview.**

LOCATION

West Edmonton – address will be provided upon registration.