

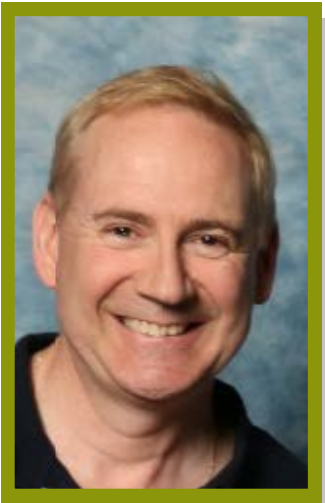
ADHD Across a Lifespan

Sugar & Additives, Emotional Dysregulation, Driving, Criminal Behavior, Peer Rejection and “When will my ADHD go away?”

About the Talk

ADHD looks very different as it moves from childhood to adolescence through to adulthood. It is important to recognize how these stages reveal themselves and how to reduce the symptoms. Les Redick knows what it's like to have ADHD. He grew up with ADHD; has raised two children with ADHD; and he has taught students with ADHD for over 30 years. Through Les' personal stories, parents will understand more fully what it is like to be a child, as well as an adult, with ADHD. They will also gain insight into what ADHD is and how it reveals itself at home. Les shares examples of how individuals with ADHD struggle with executive functioning and offers relevant and helpful strategies.

“Be prepared to be teary one minute and laughing the next!”



About the speaker

For over 30 years, Les has taught ADHD and LD students from grades 7 through 12. His professional and personal experience have given him an excellent perspective on ADHD, executive functioning issues and motivation. He has been speaking professionally on the topic of ADHD for almost 10 years. He is finishing an MEd in ADHD and Resiliency this semester through the University of Calgary and currently works at Foothills Academy teaching junior and senior high school math.

When and Where

Wednesday, April 20,
7 to 9 p.m.
L.Y. Cairns School
10510-45 Avenue NW, Edmonton

Free parking!

Parking is free on 45 Ave (turn off 106 Street)

There is no charge for this event

About the Sponsors

The ADHD Association of Greater Edmonton is a registered non-profit society whose objective is to offer information and support to those living with ADHD in the Greater Edmonton Area through awareness, education and resources.

Learning Disabilities Association of Alberta - Edmonton Chapter is an organization dedicated to providing learning disability information to its members and the general public.

